

SOLUTION OVERVIEW: ISO 27001, NIST SP 800-53 & NIST SP 800-30

# Compliance with Confidence for ISO and NIST

**Architecture & Transformation** 

**Optimized Clouds** 

DevOps

Cybersecurity

Compliance

Disaster Recovery

PROFESSIONAL SERVICES

#### ISO and NIST Overview

Managing security, privacy and risk to rigorous and recognized standards improves an organization's security posture and proves to stakeholders that safeguarding information is taken seriously. Compliance with validated frameworks and standards requires discipline, effort and expertise. Flexential Professional Services has extensive compliance expertise and effective assessment methodologies to maximize compliance and minimize organizational risk.

Cybercriminals continually reinvent attack methods to exploit vulnerabilities, so the issue to consider when evaluating vulnerabilities is finding them before a bad actor does. Organizations must also consider how many gaps they have, how risky they are, how to remediate them and most importantly, which remediations to prioritize. Finally, while it is far more preferable to prevent security breaches, it's critical to think about responses: threat detection, alerting, response and containment. Together, these multilayered threat prevention and response activities create defense in depth.

For effectively structuring these activities, organizations use well-established and respected security frameworks. Adopting a high-quality framework not only improves security posture; it proves to customers and prospects that security is a serious priority.

Fortunately, there are robust, documented best practices and guidance for information security management systems (ISMS), security, privacy and risk: ISO 27001, NIST SP 800-53 and NIST SP 800-30. While ISO 27001 offers actual certification and NIST SP 800-53 does not, both frameworks support building effective defenses that mitigate security risks and build trust with external stakeholders. While not a specific framework, NIST SP 800-30 is a Special Publication that provides guidance for conducting risk assessments.

ISO 27001, NIST SP 800-53 and NIST SP 800-30 are applicable to any organization, across all industries, for addressing security and risk mitigation. The International Organization for Standardization's (ISO) purpose is to create international standards for best practices applicable to a wide variety of organizations. The ISO 27001:2013 standard specifically addresses ISMS. The National Institute for Standards and

Frameworks for compliance and cybersecurity provide a common language which can be used at all levels of an organization to promote more secure and efficient business practices while empowering the enterprise to meet its legal responsibilities to consumers, industry governing bodies, and regulatory authorities.<sup>1</sup>

Technology (NIST) creates standards for the federal government and organizations that wish to do business with the federal government. The entire set of NIST standards have broad adoption with both the federal supply chain and non-supply chain organizations looking to improve risk and security postures.

Organizations that fall short in complying with one of these frameworks leave themselves open to attacks that typically result in reputation damage, lost productivity and missed business revenue. By adhering to ISO 27001 or NIST SP 800-53, an organization demonstrates to the outside world that it has rigorous, standards-based security practices in place to actively mitigate risk.

Whether an organization is just beginning to use or already using an ISO or NIST framework, an external partner can help assess and efficiently navigate a compliance journey.

## Summary of ISO and NIST Standards for Security, Privacy and Risk

|                | ISO 27001  | NIST SP 800-53  | NIST SP 800-30  |
|----------------|--|---|---|
| Basic Summary  | Provides requirements for establishing, implementing, maintaining and continually improving ISMS. Comprised of 114 controls across 14 control sets that must be proven and documented for certification. | A comprehensive and flexible catalog of security and privacy controls to meet current and future protection needs based on changing threats, vulnerabilities, requirements and technologies. <sup>2</sup> Comprised of 1189 security and privacy controls across 20 control families. | Provides detailed guidance on preparing, conducting and maintaining a risk assessment, including proper communication and sharing of the assessment results and risk-related information. |
| Application    | Internationally recognized ISMS standard for organizations of all sizes and industries.  | U.S. Department of<br>Commerce framework with<br>requirements for U.S. Federal<br>government systems and<br>organizations; is also widely<br>used across industries.  | U.S. Department of<br>Commerce guide<br>for conducting risk<br>assessments. Widely used<br>across industries.   |
| Certification  | Exacting, highly detailed certification requirements   | No formal certification   | No formal certification   |
| Implementation | Onerous preparation and costly certification assessment, but standards can be followed without official certification.   | Framework implementation can be prioritized and tailored to time, budget limitations and business objectives.   | Risk assessment can be done in-house or by outside professionals.   |

# ISO and NIST Challenges

Factors that prevent organizations from properly adopting and adhering to these frameworks:

- Unknown or unaddressed compliance gaps
- Lack of risk awareness & management
- Shortage of staff experienced with compliance standards
- Absence of a cohesive compliance strategy
- · Insufficient upper management support
- Inadequate funding

# Flexential's Approach

Hallmarks of the Flexential Professional Services compliance approach include:

- Risk-based
- Consultative
- Tailored engagements
- Detailed, actionable and prioritized guidance
- Highly certified security and compliance experts

# Flexential Professional Services for Security, Privacy and Risk Compliance

Assessments and gap analysis can reveal which existing practices are effective and which areas need improvement to comply with ISO 27001 or NIST SP 800-53 frameworks. Flexential's expertise in recommendations, guidance, remediation and program

development provides a risk-based approach and prioritized roadmap to improve security and reduce risk. Flexential tailors all services to customer-specific considerations to maximize return on investments of time and budget. All services and recommended remediation actions are based on risk mitigation best practices, regardless of the chosen compliance framework.

#### Flexential Professional Services for ISO and NIST

#### ISO

- ISO 27001 Gap Analysis
- · ISO 27001 ISMS Maturity Assessment

#### **NIST**

- NIST SP 800-53 Gap Analysis
- NIST SP 800-53 Security Assessment
- NIST SP 800-30 Risk Assessment

#### **Effective Assessments & Expert Guidance**

| Customers receive prioritized, detailed, actionable guidance on what to remediate and how.       | Gain practical information to implement best practices and mitigate risks. |
|--|--|
| CISSP-certified professional assessment team has security experience across multiple industries. | Know exactly which standards to follow and how to meet them.               |
| Flexential tailors services to each customer engagement.   | Maximize value and ROI with services adapted to customer-specific needs.   |
| Broad compliance expertise and services that can fulfill multiple frameworks and requirements.   | Approach compliance holistically.  |

Organizations that adopt and comply with a recognized security framework improve their security posture and communicate to stakeholders their prioritization of security, privacy and risk. However, lack of time, expertise or budget often hampers organizations from thoroughly assessing their current posture and efforts—and then systematically improving and maintaining them to standards. Failing to achieve or maintain compliance with an established information security management framework puts an organization at risk and communicates to clients and prospects that security is not a serious priority.

Flexential Professional Services can tailor a solution to fit customer-specific compliance needs: whether an organization needs to meet customer demands for security, build stakeholder trust, strengthen the organization's brand image or wants to identify and remediate risks that could cause the most harm. Flexential's highly certified and experienced experts help organizations achieve NIST and ISO compliance faster and more confidently, while documentation and knowledge transfer empower internal teams to maintain compliance in the future.

### Flexential Professional Services Security, Privacy and Risk Certifications



Certified Information Systems Security Professional



Certified in the Governance of Enterprise IT



Cybersecurity Maturity Model Certification AB Registered Provider Organization



Offensive Security Wireless Professional



Certified Information Systems Auditor



Certified Data Privacy Solutions Engineer



Cybersecurity Maturity Model Certification AB Registered Practitioner



EC-Council Certified Incident Handler



Certified Information Security Manager



Payment Card Industry Qualified Security Assessor



Offensive Security Certified Professional



Encase Certified Examiner



Certified in Risk and Information Systems Control



HealthCare Information Security and Privacy Practitioner



Offensive Security Certified Expert



Systems Security Certified Practitioner

- 1 Cybersecurity Compliance Frameworks." FinJan Cybersecurity Blog, FinJan, 6 Aug. 2018, blog.finjan.com/cybersecurity-compliance-frameworks/
- 2 https://nvlpubs.nist.gov/nistpubs/SpecialPublications/NIST.SP.800-53r5.pdf







#### ABOUT FLEXENTIAL

Flexential empowers the IT journey of the nation's most complex businesses by offering flexible and tailored hybrid IT solutions comprised of colocation, cloud, connectivity, data protection, managed, and professional services. The company builds on a platform of three million square feet of data center space in 20 highly connected markets, and on the FlexAnywhereTM 100GB private backbone to meet the most stringent challenges in security, compliance, and resiliency. See how Flexential goes beyond the four walls of the data center to empower IT through an interactive map found on <a href="https://www.flexential.com">www.flexential.com</a>.